| ENTERPRISE SENIOR CENT | ER |
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| NOVEMBER 2019 | |

| NOVEMBER 2019 | | TRIO Community Meals |
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| TUESDAY | WEDNESDAY | FRIDAY |
| A suggested donation of \$3.00 is requested from seniors 60 and older. Persons under 60 can enjoy a meal | WEDNESDAT | Country Fried Steak with Country Gravy Mashed Potatoes Sliced Carrots Creamed Peas |
| for \$7.00 Milk and bread served with all meals. | 6 | Wheat Roll Ambrosia Salad Milk Margarine Diet - Mixed Fruit |
| Baked Chicken Breast with Cacciatore Sauce Penne Pasta Italian Vegetable Blend Mixed Green Salad Texas Bread Hot Spiced Pears Milk Margarine Salad Dressing | Meatballs with Sweet & Sour Sauce Fried Rice Sugar Snap Peas Mixed Green Salad Wheat Roll Mandarin Oranges Milk Margarine Salad Dressing | Roast Beef with Gravy Mashed Potatoes Brussels Sprouts Mixed Green Salad Dinner Roll Seasonal Fruit Milk Margarine Salad Dressing |
| Salisbury Steak with Mushroom Gravy Brown Rice Green Beans Glazed Carrots Wheat Roll Seasonal Fruit Milk Margarine | Country Fried Steak with Gravy Mashed Potatoes Broccoli and Cauliflower Three Bean Salad Texas Bread Tropical Fruit Milk Margarine | Baked Chicken Breast with Alfredo Sauce Fettuccini Noodles Zucchini and Tomatoes Mixed Green Salad Breadstick Apple Crisp Milk Margarine Salad Dressing Diet - Hot Peaches |
| 19 | 20 | 22 |
| Chicken Chow Mein Napa Cabbage Wheat Roll Sliced Peaches Milk Margarine | Corned Beef Medley Cabbage Roasted Red Potatoes Rye Bread Applesauce Milk Margarine | THANKSGIVING MEAL Roasted Turkey Breast with Gravy Cranberry Sauce Stuffing Green Beans Mashed Potatoes Mixed Green Salad w/Dressing Wheat Roll Pumpkin Pie with Whipped Cream Milk Margarine Diet - Mixed Fruit |
| Swedish Meatballs Egg Noodles California Vegetable Blend Mixed Green Salad Dinner Roll Tropical Fruit Milk Margarine Salad Dressing | Glazed Ham Cut Yams Spinach Mixed Green Salad Cornbread Seasonal Fruit Chocolate Chip Cookie Milk Margarine Salad Dressing Diet - Vanilla Wafers | Closed for Thanksgiving |